

Promoted By  
City of Leicester Swimming Club Limited  
(Affiliated to ASA East Midlands Region & Leicestershire ASA)

## **THE 2010 LEICESTER DISTANCE MEET**

Friday 3rd ~ Saturday 4<sup>th</sup> ~ Sunday 5th December 2010

Under ASA Laws & The Technical Rules of Swimming

### **THIS IS A FIRST COME FIRST SERVED MEET**

This event is Licensed @ L2 (EM0411) By The A.S.A. For Entry into Regional & National Championships

#### **PROMOTORS CONDITIONS**

- The competition will be held under A.S.A. Laws & A.S.A Technical Rules at the new Braunstone Leisure Centre, 2 Hamelin Road, Braunstone, Leicester, LE3 1JN.
- 25m 8 lane competition pool with anti-turbulence lane ropes. Electronic timing with 8 – line scoreboard is to be used in conjunction with a computerised results service. Entry information can be downloaded from our website and results will be available on-line after the event at:  
[www.cityofleicesterswimmingclub.co.uk](http://www.cityofleicesterswimmingclub.co.uk)
- 25m 4 lanes swim down pool is available at specified times on Saturday & Sunday. Swimmers must be supervised throughout their swim down/warm up.
- The competition is open to registered swimmers as defined by ASA Laws: Age as at 5<sup>th</sup> December 2010.
- All participants and spectators must observe the safety precautions in operation at the Braunstone Leisure Centre.
- Neither City of Leicester Swimming Club Limited nor Leicester City Council can be held responsible for loss or damage to spectators or competitors property. Competitors are advised to use the lockers in the changing village and not leave belongings unattended.
- 200m Butterfly, Backstroke, Breaststroke, 400m Freestyle, Ind.Medley and 800m/1500m Freestyle events are all HEAT DECLARED WINNER, with individual awards for the first three places in the following age bands: 9/10yrs, 11/12yrs, 13/14yrs, 15/Over & 10yrs 800m Freestyle. The 1500m & 800m events are NOT open to male swimmers aged 9/10yrs & female swimmers aged 9yrs on 5<sup>th</sup> December 2010. Awards may be collected from the designated collection point
- ALL 200m Freestyle and Ind.Medley events have FINALS in the appropriate age bands: Male/Female ~ 9/10yrs, 11/12yrs, 13/14yrs, & 15/Ov. Finals for these events, the fastest eight swimmers from the heats, in each age band, (as defined above) will compete in the finals. There will be **NO RESERVES** used in finals.
- **This will be a card less meet.** No cards will be issued for this meet; clubs/swimmers will receive a computer print out of club/swimmer entries. Please check this for accuracy. A print out of event/heat start times will be emailed to club/swimmer, use this to determine what time swimmers need to be at the meet for their competitive swim.
- Over the top starts may be used at the discretion of the promoter in order to maintain the scheduled timing of events.

- It is the responsibility of team managers and coaches to ensure that their competitors report to the Marshalling Stewards in time for the start of their race.
- The Café will be open for the sale of hot and cold refreshments during the meet.
- A swim shop will be available at the meet.
- Competitors ASA Membership Number and Date of Birth must be included on the Entry Form.
- Entry times shall be converted to 25m pool length and must be within the published Lower Limit Consideration Times. Heats will be seeded according to submitted entry times, with all heats being spear-headed.
- This is a “first come first served meet” If events are over subscribed; the Meet Organiser reserves the right to restrict entries. No entry will be accepted without a fully completed entry form – times must be submitted. Any entry that is not accepted will be notified prior to the meet with a full refund. It is the responsibility of all competing clubs to ensure that entry times, information etc is correct.
- We are pleased to announce that DE Photo have been appointed as the Professional Sports Photographers for this event. This event by its very nature is in the public arena and when entering for the event the participant and their parents acknowledge this fact, which may result in the recording and publication of his/her image. All DE Photo photographers and staff have been CRB checked and the company operates a strict Child Protection Policy and Code of Ethics which can be viewed on their website at [www.dephoto.co.uk/cpp.html](http://www.dephoto.co.uk/cpp.html)
- The closing date for entries is Monday 1<sup>st</sup> November 2010.
- Entries should be made on the official entry form (photocopies accepted) and returned to:

City of Leicester Swimming Club  
 10 Afordby Road  
 Melton Mowbray  
 Leicestershire  
 LE13 0HR

Tel: 01858 881 391  
 Email: [pstooke@googlemail.com](mailto:pstooke@googlemail.com)  
 Web: [www.cityofleicesterswimmingclub.co.uk](http://www.cityofleicesterswimmingclub.co.uk)

- Entry Fee: £4.75 per event
- Coaches Passes: £15.00 (without meals)
- £25.00 (including meals)
- Coaches’ passes cannot be purchased on the day of the Meet.
- Cheques only ~ payable to: City of Leicester Swimming Club Limited
- Anything not covered in the above, and printed in any of the associated literature will be at the discretion of the promoter.