

CITY OF LEICESTER SWIMMING CLUB LIMITED

(Affiliated to ASA East Midland Region & Leicestershire ASA)

THE 2011 LEICESTER DISTANCE MEET

(Under ASA Laws & The Technical Rules of Swimming)

25TH/26TH/27TH November 2011

BRAUNSTONE LEISURE CENTRE ~ LEICESTER

This event is Licensed @L2 (EM) By The ASA For Entry into Regional & National Championships

PROGRAMME OF EVENTS

FRIDAY 25th NOVEMBER

SESSION 1 WARM UP 5.10pm START 5.40pm SESSION LENGTH 2.5 hours

Ev No 01 Female 800m FREESTYLE HDW

Ev No 02 Male 1500m FREESTYLE HDW

SATURDAY 26TH NOVEMBER

SESSION 2 WARM UP 8.30am START 9.30am SESSION LENGTH 3.5 hours

Ev No 03 Female 400m IND.MEDLEY HDW

Ev No 04 Male 200m FREESTYLE

Ev No 05 Female 200m BREASTSTROKE HDW

Ev No 06 Male 200m FREESTYLE 9/10yrs FINAL

Ev No 07 Male 200m FREESTYLE 11/12yrs FINAL

Ev No 08 Male 200m FREESTYLE 13/14yrs FINAL

Ev No 09 Male 200m FREESTYLE 15/Over FINAL

SESSION 3 WARM UP 1.15pm START 2.15pm SESSION LENGTH 3.5 hours

Ev No 10 Female 200m IND MEDLEY

Ev No 11 Male 400m FREESTYLE HDW

Ev No 12 Female 200m BUTTERFLY HDW

Ev No 13 Male 200m BACKSTROKE HDW

Ev No 14 Female 200m IND MEDLEY 9/10yrs FINAL

Ev No 15 Female 200m IND MEDLEY 11/12yrs FINAL

Ev No 16 Female 200m IND MEDLEY 13/14yrs FINAL

Ev No 17 Female 200m IND MEDLEY 15/Over FINAL

SUNDAY 27TH NOVEMBER

SESSION 4 WARM UP 8.30am START 9.30am SESSION LENGTH 3.5 hours

Ev No 18 Male 400m IND.MEDLEY HDW
Ev No 19 Female 200m FREESTYLE
Ev No 20 Male 200m BREASTSTROKE HDW
Ev No 21 Female 200m FREESTYLE 9/10yrs FINAL
Ev No 22 Female 200m FREESTYLE 11/12yrs FINAL
Ev No 23 Female 200m FREESTYLE 13/14yrs FINAL
Ev No 24 Female 200m FREESTYLE 15/Over FINAL

SESSION 5 WARM UP 1.00pm START 2.00pm SESSION LENGTH 3.5 HOURS

Ev No 25 Male 200m IND MEDLEY
Ev No 26 Female 400m FREESTYLE HDW
Ev No 27 Male 200m BUTTERFLY HDW
Ev No 28 Female 200m BACKSTROKE HDW
Ev No 29 Male 200m IND MEDLEY 9/10yrs FINAL
Ev No 30 Male 200m IND MEDLEY 11/12yrs FINAL
Ev No 31 Male 200m IND MEDLEY 13/14yrs FINAL
Ev No 32 Male 200m IND MEDLEY 15/Over FINAL