

THE 2011 LEICESTER DISTANCE MEET
 (Under ASA Laws & The Technical Rules of Swimming)
 25TH/26TH/27TH November 2011
BRAUNSTONE LEISURE CENTRE ~ LEICESTER

This Event is Licensed @ L2 (EM0411) By The A.S.A. For Entry into Regional & National Championships

BOYS LOWER LIMIT CONSIDERATION TIMES

EVENT	9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15/Over
200m Freestyle	3:22.8	3:06.0	2:54.8	2:44.7	2:35.0	2:26.6	2:20.8
400m Freestyle	7:20.6	6:31.8	6:06.0	5:46.0	5:26.8	5:10.4	4:57.5
1500m Freestyle	No Event	No Event	24:40.7	22:48.6	21:33.8	20:30.4	19:43.1
200m Breaststroke	4:17.8	3:59.0	3:42.4	3:29.2	3:15.3	3:03.9	2:55.8
200m Butterfly	4:08.3	3:37.3	3:18.2	3:06.6	2:54.7	2:44.7	2:35.5
200m Backstroke	3:43.8	3:26.7	3:13.3	3:02.6	2:51.1	2:41.4	2:34.3
200m Individual Medley	3:49.7	3:32.2	3:17.6	3:06.8	2:55.8	2:45.3	2:38.2
400m Individual Medley	8:15.6	7:35.6	6:59.7	6:34.3	6:12.0	5:50.3	5:34.6

GIRLS LOWER LIMIT CONSIDERATION TIMES

EVENT	9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15/Over
200m Freestyle	3:24.5	3:06.8	2:55.4	2:44.9	2:38.0	2:33.5	2:30.2
400m Freestyle	7:25.4	6:35.7	6:04.9	5:43.7	5:29.8	5:20.8	5:13.8
800m Freestyle	No Event	14:05.0	12:34.3	11:50.8	11:17.3	10:57.8	10:46.5
200m Breaststroke	4:20.0	3:59.5	3:42.1	3:28.8	3:18.2	3:11.5	3:07.9
200m Butterfly	4:11.0	3:40.0	3:20.2	3:06.4	2:57.3	2:51.0	2:46.9
200m Backstroke	3:46.2	3:28.7	3:12.5	3:01.7	2:54.3	2:49.2	2:44.8
200m Individual Medley	3:51.6	3:32.7	3:17.9	3:06.3	2:58.8	2:53.1	2:49.5
400m Individual Medley	8:12.3	7:35.3	6:57.3	6:32.0	6:14.4	6:03.1	5:55.8

Only swimmers with times above the lower limits shown for that event are eligible to enter

REMEMBER ~ AGE MEANS AGE AT 27TH NOVEMBER 2011