

CITY OF LEICESTER SWIMMING CLUB LIMITED

(Affiliated to ASA East Midland Region & Leicestershire ASA)

THE 2010 LEICESTER AGE GROUP MEET

Friday 23rd, Saturday 24th & Sunday 25th April 2010
(Under ASA Laws & The Technical Rules of Swimming)

BRAUNSTONE LEISURE CENTRE, LEICESTER

This Event is licensed @L2 (EM0039) By The A.S.A. For Entry into Regional & National Championships

PROGRAMME OF EVENTS

FRIDAY 23rd APRIL

SESSION 1 WARM UP 5.45pm START 6.30pm SESSION LENGTH 2.5 hours

Ev No 01 Male 400m IND MEDLEY HDW
Ev No 02 Female 400m IND MEDLEY HDW
Ev No 03 Male 400m FREESTYLE HDW
Ev No 04 Female 400m FREESTYLE HDW

SATURDAY 24th APRIL

SESSION 2 WARM UP 8.30am START 9.30am SESSION LENGTH 3.5 hours

Ev No 05 Female 200m IND MEDLEY HDW
Ev No 06 Male 100m BACKSTROKE
Ev No 07 Female 100m FREESTYLE
Ev No 08 Male 200m BREASTSTROKE HDW
Ev No 09 Female 200m BUTTERFLY HDW
Ev No 10 Male 100m BACKSTROKE FINAL 10yrs
Ev No 11 Male 100m BACKSTROKE FINAL 11/12yrs
Ev No 12 Male 100m BACKSTROKE FINAL 13/14yrs
Ev No 13 Male 100m BACKSTROKE FINAL 15/Over
Ev No 14 Female 100m FREESTYLE FINAL 10yrs
Ev No 15 Female 100m FREESTYLE FINAL 11/12yrs
Ev No 16 Female 100m FREESTYLE FINAL 13/14yrs
Ev No 17 Female 100m FREESTYLE FINAL 15/Over

SESSION 3 WARM UP TBC START TBC SESSION LENGTH 3.5 hours

Ev No 18 Male 100m BREASTSTROKE
Ev No 19 Female 100m BUTTERFLY
Ev No 20 Male 50m FREESTYLE
Ev No 21 Female 200m BACKSTROKE HDW
Ev No 22 Male 200m FREESTYLE HDW
Ev No 23 Female 100m BUTTERFLY FINAL 10yrs
Ev No 24 Female 100m BUTTERFLY FINAL 11/12yrs
Ev No 25 Female 100m BUTTERFLY FINAL 13/14yrs
Ev No 26 Female 100m BUTTERFLY FINAL 15/Over
Ev No 27 Male 100m BREASTSTROKE FINAL 10yrs
Ev No 28 Male 100m BREASTSTROKE FINAL 11/12yrs
Ev No 29 Male 100m BREASTSTROKE FINAL 13/14yrs
Ev No 30 Male 100m BREASTSTROKE FINAL 15/Over
Ev No 31 Male 50m FREESTYLE FINAL OPEN

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SUNDAY 25th APRIL

SESSION 4 WARM UP 8.30am START 9.30am SESSION LENGTH 3.5 hours

Ev No 32 Male	200m IND MEDLEY HDW
Ev No 33 Female	100m BACKSTROKE
Ev No 34 Male	100m FREESTYLE
Ev No 35 Female	200m BREASTSTROKE HDW
Ev No 36 Male	200m BUTTERFLY HDW
Ev No 37 Female	100m BACKSTROKE FINAL 10yrs
Ev No 38 Female	100m BACKSTROKE FINAL 11/12yrs
Ev No 39 Female	100m BACKSTROKE FINAL 13/14yrs
Ev No 40 Female	100m BACKSTROKE FINAL 15/Over
Ev No 41 Male	100m FREESTYLE FINAL 10yrs
Ev No 42 Male	100m FREESTYLE FINAL 11/12yrs
Ev No 43 Male	100m FREESTYLE FINAL 13/14yrs
Ev No 44 Male	100m FREESTYLE FINAL 15/Over

SESSION 5 WARM UP TBC START TBC SESSION LENGTH 3.5 hours

Ev No 45 Female	100m BREASTSTROKE
Ev No 46 Male	100m BUTTERFLY
Ev No 47 Female	50m FREESTYLE
Ev No 48 Male	200m BACKSTROKE HDW
Ev No 49 Female	200m FREESTYLE HDW
Ev No 50 Male	100m BUTTERFLY FINAL 10yrs
Ev No 51 Male	100m BUTTERFLY FINAL 11/12yrs
Ev No 52 Male	100m BUTTERFLY FINAL 13/14yrs
Ev No 53 Male	100m BUTTERFLY FINAL 15/Over
Ev No 54 Female	100m BREASTSTROKE FINAL 10yrs
Ev No 55 Female	100m BREASTSTROKE FINAL 11/12yrs
Ev No 56 Female	100m BREASTSTROKE FINAL 13/14yrs
Ev No 57 Female	100m BREASTSTROKE FINAL 15/Over
Ev No 58 Female	50m FREESTYLE FINAL OPEN