

## LEICESTERSHIRE A.S.A

### TRAINING TIMES

#### COUNTY TALENT SQUAD (BARROW/BRAUNSTONE)

	AM	PM	LAND CONDITIONING
MONDAY-Barrow		6.00pm-7.30pm	
WEDNESDAY -Braunstone		4.30pm – 6.00pm	6.00pm – 6.30pm
THURSDAY-Barrow		5.00pm-6.30pm (last Thursday of month 7.30-9.00pm)	
SATURDAY -Braunstone	7.00am – 8.30am		8.45am – 9.30am
SUNDAY -Desford		1.30pm-3.00pm	

#### COUNTY DEVELOPMENT SQUAD (BRAUNSTONE)

	AM	PM	LAND CONDITIONING
WEDNESDAY-Braunstone		6.00 – 7.30pm	
SATURDAY-Braunstone	7.00am – 8.30am		8.45am – 9.30am

#### COUNTY DEVELOPMENT (DESFORD/BARROW)

	AM	PM	LAND CONDITIONING
TUESDAY -Barrow		5.00pm-6.30pm	
SATURDAY-Desford	7.00am - 8.30am		8.45am - 9.30am